

# Discover. Play. Celebrate.

Your guide to programs and events in the Town of Garner

Spring-Summer 2017

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Discover. Play. Celebrate.

**GARNER**

*A Great Place to Be.*

Parks, Recreation & Cultural Resources



# Discover. Play. Celebrate.

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## On the Cover

Campers playing games at Camp Kaleidoscope. Learn more about this fun affordable summer camp on page 18!



This brochure contains the full list of programs that were scheduled at the time of printing. For the most up-to-date version, visit our website at [GarnerNC.gov](http://GarnerNC.gov).

# OUR NEW LOOK

## Welcome from the Director

Welcome to the redesigned Town of Garner Parks, Recreation and Cultural Resources' bi-yearly brochure. In addition to color photographs, you will notice our programs are grouped by participant age. We think this will make it easier for you and your family to discover all the interesting and exciting programs, events and entertainment happening in Garner. We hope you will utilize many of our award-winning parks and programs to maintain and increase healthy lifestyle opportunities.

As you look around town, you will also notice some exciting projects in our parks and recreational facilities thanks to the bond referendum. In the spring, our athletic partners began serving from new concessions stands at South Garner Park and Garner Recreational Park, and all visitors to both parks can take advantage of the new restroom facilities. Fencing improvements at South Garner Park provide a safer environment for spectators. In 2015, the North Garner Dog Park opened in Garner Recreational Park, and a second dog park is now open in Lake Benson Park, providing our furry friends another place to play. Finally, you will see signs of construction and growth on Main Street. The new recreation center project is underway. This nearly 40,000-square-foot facility will feature three high school sized basketball courts, an elevated walking track and a multipurpose space for fitness, youth programming and arts and craft classes. When finished in late 2017, it will be the largest capital project the Town has completed.


I am very proud of our programs, facilities and special events, as well as the level of dedication each staff person (including those in Public Works and the Police Department) exhibits while working to successfully maintain the aesthetics and safety of our parks. We are honored to serve our citizens and will continue striving to give our very best service to patrons and visitors as we provide opportunities for you to **"Discover, Play and Celebrate."**

Sonya R. Shaw, Director  
Garner Parks, Recreation and Cultural Resources

## How to Use This Brochure

In an effort to better serve our participants, we have redesigned our program brochure to make it easier to find your favorite Parks, Recreation and Cultural Resources Department offerings. We hope you like the changes we have made and encourage you to share your comments on the new design. New design features include the following:

- ⇒ The brochure is **full-color throughout**. Sections are color-coded so you can more easily find what you are seeking.
- ⇒ All programs are **organized by age group** (from **Preschool** to **Senior**).
- ⇒ **Outdoor programs** can now be found in their appropriate age group.
- ⇒ **Special events** and **Garner Performing Arts Center shows** are still pulled out separately and can be found starting on pages 7 and 10, respectively.
- ⇒ See the **sample program listing below** to better understand how to read program information.

Program Name	Sight Word Blast 							Denotes New Programs
Minimum & Maximum Number of Participants	Play games that help identify words from the Dolch Sight Word list.							Program Description
Participant Age(s)	AGES 4-8	DATE Jan 17	DAY Tue	TIME 6-7pm	SITE Annex	RES \$8	NON-RES \$10	
Date(s) Scheduled								Non- Resident Fee
Day(s) of Week Scheduled								Town Resident Fee
Start & End Time								Program Meeting Place



# LEADERSHIP TEAMS

## Town Management

### Town Council

Ronnie Williams, Mayor  
Kathy Behringer, Mayor Pro Tem  
Jackie Johns  
Buck Kennedy  
Ken Marshburn  
Gra Singleton

### Town Administration

Rodney Dickerson, Town Manager  
John Hodges, Assistant Town Manager  
Matt Roylance, Assistant Town Manager

### PRCR Executive Team



**Sonya Shaw**  
Director



**Rob Smith**  
Assistant Director



**Jack Baldwin**  
Recreation Center and  
Programs Manager



**Torrey Blackmar**  
Recreation Center and  
Programs Manager



**Debbie Dunn**  
Cultural Arts and  
Events Manager



**Katie Spencer**  
Outdoor Education and  
Parks Manager



**Nancy Hulbert**  
Recreation and  
Programs Assistant  
Manager



**Kendrick Mayes**  
Marketing and  
Events Coordinator



**Marcelle Williams**  
Athletics Program  
Supervisor

## Advisory Committees

Citizen participation is essential to our success. Our Advisory Committees meet regularly to discuss policies and other issues that affect our programs, facilities and events. If you would like to get involved with an advisory council, contact Stella Gibson, Town Clerk, at 919.773.4406 or [sgibson@garnernc.gov](mailto:sgibson@garnernc.gov).

### Parks, Recreation and Cultural Resources

#### Advisory Committee

Pamela Taylor-Shaw, Chair  
Lisa Sullivan, Vice Chair  
Beverly Adams  
Althea Boone  
Robert Deaton  
Sonya Dwyer  
Chris O'Connor  
Elmo Vance

Ken Marshburn, Council Liaison  
Mona Parks, Sr. Citizens Advisory Committee Liaison

### Senior Citizens Advisory Committee

Shirley Gray, Chair  
Norma Montgomery, Vice Chair  
Nancy Cope  
Darlene Duncan  
Troy Ellis  
Marilyn Grotheer  
Mona Parks  
Charlie Pearce  
Candes Smith  
Jackie Johns, Council Liaison

### Veterans Advisory Committee

Jeff Hicks, Chair  
Donald Searles, Vice Chair  
Spencer Cardwell  
Terry Chatfield  
Keith Darlington  
Richard Ripley  
Charles Scott  
Bob Wendell  
Mayor Ronnie Williams, Council Liaison

# STAFF DIRECTORY

## Administration

209 East Garner Road, Garner, NC 27529

Sonya Shaw, Director

919.773.4442

sshaw@garnernc.gov

Rob Smith, Assistant Director

919.773.4438

rsmith@garnernc.gov

## Avery Street Recreation Center - Youth and Athletics

125 Avery Street, Garner, NC 27529

Jack Baldwin, Recreation Center and Programs Manager

919.890.7301

jbaldwin@garnernc.gov

Victor Davis, Recreation Activities Specialist

919.661.6987

vdavis@garnernc.gov

Sara Shaw, Recreation Program Specialist

919.662.5051

scshaw@garnernc.gov

Marcelle Williams, Athletics Program Supervisor

919.773.4457

mwilliams@garnernc.gov

Program Activity Hotline

919.662.5043

## Garner Performing Arts Center - Cultural Arts and Events

742 West Garner Road, Garner, NC 27529

Debbie Dunn, Cultural Arts and Events Manager

919.661.6972

ddunn@garnernc.gov

Kendrick Mayes, Marketing and Events Coordinator

919.773.4441

kmayes@garnernc.gov

Jon Shearin, Theater Services Coordinator

919.661.6988

jshearin@garnernc.gov

Box Office

919.661.4602

## Garner Senior Center - Adult and Senior

205 East Garner Road, Garner, NC 27529

Torrey Blackmar, Recreation Center and Programs Manager

919.661.6890

tblackmar@garnernc.gov

Nancy Hulbert, Recreation and Programs Assistant Manager

919.661.6893

nhulbert@garnernc.gov

Front Desk

919.779.0122

## White Deer Park Nature Center - Outdoor and Adventure

2400 Aversboro Road, Garner, NC 27529

Katie Spencer, Outdoor Education and Parks Manager

919.661.6892

kspencer@garnernc.gov

Environmental Educators' Office

919.773.4435

wdpeducation@garnernc.gov

Front Desk

919.661.6982

## Mission

To enrich the quality of life in Garner by offering a diverse system of parks, recreational facilities, programs and cultural resources.

## Vision

Helping Garner maintain its high quality of life and service delivery to its citizens and visitors through the following core values:

## Core Values

**Leadership** - Fostering a climate of creativity that develops high-potential talent and embraces innovation, cutting-edge ideals and accountability for making decisions and recommendations.

**Efficiency** - Ensuring that programs and services are provided efficiently and effectively, while matching community needs.

**Diversity** - Recognizing the changing demographics of the community and celebrating the unique qualities, characteristics and experiences.

**Stewardship** - Maintaining aesthetically pleasing parks and facilities.

# POLICIES

## Registration Deadlines

### Preschool, Youth and Family Programming

Seven calendar days prior to the start of the program

### Summer Camps

The Thursday prior to the Monday of camp

### Athletic Leagues

The night of the advertised league meeting

### Adult and Senior Programming

Five calendar days prior to the start of the program

### Picnic Shelters

5pm on the Wednesday prior to the weekend of the rental

## Refund Policy

For all programs, classes and athletic leagues a 100% refund will be issued if the program is cancelled by the department.

### Classes and Programs

All refund requests received at least seven days prior to the program start date are entitled to a refund. A \$5 refund fee will be charged.

### Athletic Leagues

All refund requests received prior to the player evaluations or team meetings are entitled to a refund. A \$5 refund fee will be charged.

### Picnic Shelters

No refunds will be given for inclement weather or cancellations less than 12 days prior to the reserved date. A \$5 refund fee will be charged for all cancellations made prior to the deadline.

No refunds will be issued for requests received after the registration deadline or for programs \$5 and under.

In special circumstances, fees may be transferred to another Parks, Recreation and Cultural Resources Department program. Ask a department representative to determine if this option is available.

Medical hardship-based refunds will be evaluated on a case-by-case basis by Parks, Recreation and Cultural Resources staff.

A \$25 service fee will be charged for all returned checks.

## Fee Policy

Throughout this guide you will notice many programs have different fees for Town of Garner residents and non-residents. The Parks, Recreation and Cultural Resources Department is an agency of the Town of Garner and receives municipal tax revenue paid by residents living inside the corporate limits of the Town. Those who live outside the corporate limits are charged a higher rate for participation in programs because they do not pay Town taxes. Participants must live inside the corporate limits of Garner at the time of registration to receive the resident rate.

## Non-Discrimination Policy

Garner Parks, Recreation and Cultural Resources is committed to providing inclusive programming and events for all residents of Garner and its surrounding areas regardless of income, cultural background, mental or physical barriers, age or gender. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. Please alert the appropriate program supervisor prior to your arrival at an event or program if you or someone in your family requires modifications.

## Inclement Weather Policy

During inclement weather that creates dangerous or hazardous conditions, the Parks, Recreation and Cultural Resources Department will post program and park updates on its website (GarnerNC.gov - select the Parks, Recreation and Cultural Resources page), Facebook, Twitter and on the program activity hotline (919.662.5043). Participants may also contact individual facilities to check on current status.

The department does not necessarily follow the closing schedules of area schools.

The department will work with rental groups on a case-by-case basis but reserves the right to cancel a rental reservation if the facility cannot be safely accessed.

In all cases, participants are requested not to participate in any recreational activity that they consider unsafe for any reason, including weather.



# SPECIAL EVENTS



## April Foods Day Food Truck Rodeo

Main Street, Downtown Garner

Sunday, April 2 12-5pm

Downtown Garner presents its inaugural April Foods Day Food Truck Rodeo. This fun-filled, family-friendly event features 15 local food trucks and 3 local craft breweries. Enjoy local music, handmade crafts and kid-friendly fun at the Kid Corral while you sample some of the best food trucks in the Triangle. This event is free and open to the public. It is sponsored by the Town of Garner and the Garner Revitalization Association.

## Spring Eggstravaganza

Lake Benson Park

Saturday, April 8 10am-12:30pm

Join us for MORE CANDY and NEW EGG HUNT TIMES. This free family event features entertainment, games, crafts, food vendors and more. Be sure to bring your camera and get a picture with the Easter Bunny!

**\*Note - Egg Hunts will begin promptly at NEW listed times:**

2 & Under – 10:30am, 3-5 yrs old – 11:00am

6-8 yrs old – 11:30am, 9-12 yrs old – 12:00 pm



## Earth Day

White Deer Park

Saturday, April 22 11am-1pm

Celebrate our community and our planet by joining us for our inaugural Earth Day event. There will be exhibitors on site to share their efforts in conservation as well as local food, activities for children and workshops for adults. Consider joining us for our spring Big Sweep/Litter Sweep, which will be held earlier in the day starting at 9am (see page 22 for more information).

All Town of Garner special events are family-friendly and fun!  
Please help us keep our events safe for everyone by leaving any  
alcohol, weapons and pets at home.



### Statewide Star Party

White Deer Park

Saturday, April 22 7-9pm

Garner has been selected as a host site for the 5<sup>th</sup> annual North Carolina Statewide Star Party. This signature event is part of the North Carolina Science Festival. Enjoy stargazing with the Raleigh Astronomy Club, guided hikes, crafts and other activities at this free educational event that celebrates our night sky. Families are invited to bring tents to spend the night for a fee. Pre-registration for camping is required, contact 919.661.6982.

### Pop Up Markets

Garner Recreational Park

Last Saturday, April to November

Join us for a monthly Pop Up Market in Downtown Garner. More than 30 local vendors bring unique artisan goods, handmade crafts and homemade baked goods the last Saturday of every month from April to November! Shop small while supporting your community, and grab lunch at a food truck while you're here. This event is free and open to the public. The Pop Up Markets are sponsored by the Town of Garner and the Garner Revitalization Association.



### Outdoor Movies Series

Garner Performing Arts Center Back Lawn

First Thursday, May to October

#ThrowbackThursdays! Join us on the first Thursday of the month for food trucks, craft beer and your favorite 90s classics on the Back Lawn of the Garner Performing Arts Center. Parental discretion is advised. Start times vary due to sunset. Contact Mari Howe at 919.773.4402 for more information. This series is sponsored by the Town of Garner and the Garner Revitalization Association.





## Friday Family Flicks & Camping Lake Benson Park

Enjoy a free family-friendly movie at Lake Benson Park. Bring your own food or purchase concessions on site. Families are invited to bring tents to spend the night for a fee. Pre-registration for camping is required. Contact 919.661.6982 for information.

**Inside Out** – Friday, May 12 at 8:15pm

(Rain location: Garner Performing Arts Center)

**Finding Nemo** – Friday, May 26 at 8:15pm

(Rain location: Avery Street Recreation Center)

**Moana** – Friday, June 9 at 8:30pm

(Rain location: Avery Street Recreation Center)

## Memorial Day Observance Garner Veterans Memorial Monday, May 29 1:30-2:30pm

This annual observance honors those who died while serving our country in the armed forces. Guided tours of the Garner Veterans Memorial will be conducted before the service and at its conclusion.

Co-sponsored by Garner Veterans Advisory Committee, American Legion Post 232 and Veterans of Foreign Wars Post 10225.



## July 3 Independence Day Celebration Lake Benson Park Monday, July 3 5:00pm

Join us for an evening of fun for the whole family with a headlining performance by the North Carolina Symphony. Enjoy delicious concessions provided by local non-profit organizations while children enjoy our Kids Adventure Zone featuring inflatables, games and crafts. Top your evening off with one of the best firework shows in the Triangle!

## Join Club L'Ecole

Membership in Club L'Ecole includes your name listed in the playbill as an arts supporter, invitation to members-only social gatherings and preferred seating at select shows. Your donation also helps keep tickets affordable for all members of our community, including those who might not otherwise experience the joy of theater. For more information, visit [GarnerPerformingArtsCenter.com](http://GarnerPerformingArtsCenter.com).



## What's Going On: The Marvin Gaye Experience

This soulful show invites audiences to celebrate the hits of the legendary Marvin Gaye. Brian Owens performs selections that span Gaye's music-making career. The show prominently features a suite of pieces from Gaye's "What's Going On" album, which Owens counts as one of the most socially important artistic works in the history of American music.

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Mar 17	Fri	7:30pm	GPAC	\$20 advance \$23 at door

## "87" - Presented by Show N Tell Productions

"87: One Town, One School, One Team, One Title" is a musical about a group of boys that captured the imagination of a small town and won the state football championship. Garner had a population of about 12,000 but had close to 10,000 fans in Charlotte for the title game against a team from the biggest city in the state. The country bumpkins, the "Garner grits", took on the city slickers and changed a community in the process.

AGES	DATE	DAY	TIME	SITE	TICKETS
Adult	Mar 30	Thu	7:30pm	GPAC	\$15 general \$20 preferred
Adult	Mar 31	Fri	7:30pm	GPAC	\$15 general \$20 preferred
Adult	Apr 1	Sat	2pm	GPAC	\$15 general \$20 preferred

## Broadway Voices with Hugh Panaro

Hugh Panaro has been described as "the leader of Broadway's dwindling supply of great leading men." Critically lauded and adored by fans, he demonstrates versatility, charisma, tremendous vocal talent and, in the words of one former costar, movie star good looks. Don't miss this opportunity to see him here in Garner before the rest of the world discovers this amazing talent!

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Apr 8	Sat	7:30pm	GPAC	\$35

## Sylvia - Presented by the Towne Players of Garner

Greg and Kate have moved to Manhattan after twenty-two years of child-raising in the suburbs. Greg's career as a financial trader is winding down, while Kate's career as a public-school English teacher is beginning to offer her more opportunities. Greg brings home a dog he found in the park—or that has found him—bearing only the name "Sylvia" on her name tag. The marriage is put in serious jeopardy until, after a series of hilarious and touching complications, Greg and Kate learn to compromise, and Sylvia becomes a valued part of their lives.

AGES	DATE	DAY	TIME	SITE	TICKETS
Adult	Apr 21	Fri	8pm	GPAC	\$15
Adult	Apr 22	Sat	2pm	GPAC	\$12
Adult	Apr 22	Sat	8pm	GPAC	\$15
Adult	Apr 28	Fri	8pm	GPAC	\$15
Adult	Apr 29	Sat	2pm	GPAC	\$12

## Disney's Aladdin, Jr. - Presented by the Towne Players of Garner

When the street urchin Aladdin vies for the attention of the beautiful princess Jasmine, he uses a genie's magic power to become a prince in order to marry her. Iago, Jafar, the Genie and more are here in Disney's Aladdin Jr., a musical adventure filled with magic, mayhem and the power of love.

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Aug 10	Thu	8pm	GPAC	\$15
All	Aug 11	Fri	8pm	GPAC	\$15
All	Aug 12	Sat	2pm	GPAC	\$12
All	Aug 12	Sat	8pm	GPAC	\$15



# PRESCHOOL PROGRAMS

## PRESCHOOL SITE KEY

Annex	Avery Street Recreation Center Annex
ASRC	Avery Street Recreation Center
GPAC	Garner Performing Arts Center
WDP	White Deer Park
WDPNC	White Deer Park Nature Center

RES	Resident Rate
NON-RES	Non-Resident Rate

Unless otherwise indicated, parents are expected to stay at preschool programs and in most cases are encouraged to join in the fun!

## ART

### April Showers Bring May Flowers

Spring has sprung! Come make seasonal crafts and play games.

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	May 2	Tue	6-7pm	Annex	\$6	\$8

### Mother's Day Gifts

Come out and make your mother a gift. These homemade gifts will show Mom just how special she is. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	May 9	Tue	6-7pm	Annex	\$6	\$8
2-5	May 10	Wed	10-11am	Annex	\$6	\$8

### Father's Day Gifts

Make gifts for Dad, just in time for Father's Day. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Jun 5	Mon	6-7pm	Annex	\$6	\$8

### Music Mania

Learn new songs, create musical instruments and have fun making new friends. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Jul 13	Thu	6-7pm	Annex	\$6	\$8

### Clay Masters

Children will get the opportunity to get their hands messy and make fun clay creations to last a lifetime. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-5	Sep 26	Tue	6-7pm	Annex	\$6	\$8
3-5	Sep 27	Wed	10-11am	Annex	\$6	\$8

## ATHLETICS

### Preschool T-Ball

Hitting, throwing and fielding are introduced. Gloves are provided, but you are welcome to bring your own. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	Apr 5-19	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	Apr 5-19	Wed	6-6:45pm	ASRC	\$15	\$20



## PRESCHOOL SPORTS LEAGUE



### Pre Preschool Sports

Your preschooler will be introduced to a variety of sports to prepare your child for preschool sports. The importance of teamwork and proper fundamentals, fun in youth sports and full participation will be emphasized. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	Apr 24-May 8	Mon	10-10:45am	ASRC	\$15	\$20
3-5	Apr 24-May 8	Mon	5:30-6:15pm	ASRC	\$15	\$20

### Preschool Soccer

Learn the basic skills of soccer like dribbling, shooting and passing a soccer ball. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	May 3-17	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	May 3-17	Wed	6-6:45pm	ASRC	\$15	\$20
3-5	Aug 23-Sep 6	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	Aug 23-Sep 6	Wed	6-6:45pm	ASRC	\$15	\$20

### Preschool Basketball

Learn the fundamental skills of basketball and the importance of having fun in this introduction to the sport. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	May 31-Jun 14	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	May 31-Jun 14	Wed	6-6:45pm	ASRC	\$15	\$20

### Preschool Flag Football

Learn how to catch, pass and run a football and other fundamental skills. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	Jun 28- Jul 12	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	Jun 28- Jul 12	Wed	6-6:45pm	ASRC	\$15	\$20
3-5	Sep 20- Oct 4	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	Sep 20- Oct 4	Wed	6-6:45pm	ASRC	\$15	\$20

### Preschool Floor Hockey

Motor skills and participation are the focus in this introduction to the sport of floor hockey. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	Jul 26- Aug 9	Wed	5-5:45pm	ASRC	\$15	\$20
3-5	Jul 26- Aug 9	Wed	6-6:45pm	ASRC	\$15	\$20

### Mini Kickers

Preschoolers develop basic skills in this soccer league. Their coaches will teach them how to dribble, pass and shoot, as well as the difference between offense and defense. A required parent meeting will take place on **Tuesday, March 28 at 6pm**. **All children will be required to wear shin guards. Cleats are not allowed.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Apr 1-May 20	Sat	8:30 or 9:30am	ASRC	\$30	\$40

### Mini Sluggers

Throwing, catching, hitting, fielding and base running will be taught in this non-competitive baseball league. **All children are required to bring their own glove, and no cleats are allowed.** A required parent meeting will take place on **Tuesday, June 13 at 6pm**. Min: 12 Max: 36

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Jun 17-Aug 19	Sat	8:30 or 9:30am	ASRC	\$30	\$40

### Mini Heisman

Children will learn throwing, catching, running and flag pulling. Play-running and defense will be emphasized by coaches each week. **No tackling or cleats will be permitted.** A required parent meeting will take place on **Tuesday, September 5 at 6pm**. Min: 12 Max: 36

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Sep 9-Nov 4	Sat	8:30 or 9:30am	ASRC	\$30	\$40

## CAMPS

**Parents are not required to stay for preschool camps.**

### Little Scientist Camp

Come stir things up and make some ooey-gooley experiments. Our little scientists will put together simple ingredients to concoct all sorts of fun and interesting surprises. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Jun 6-8	Tue-Thu	9-11am	Annex	\$30	\$40

### Preschool Art Camp

Get ready to cut, glue, color and paint! During this camp, preschoolers will create a variety of craft projects using numbers, colors and shapes. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Jun 20-22	Tue-Thu	9-11am	Annex	\$30	\$40

### Preschool Sports Camp

Get ready for football, soccer, T-ball and more! In this three day mini-camp, preschoolers will learn a variety of skills, while emphasizing the importance of team work. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Jul 11-13	Tue-Thu	9-11am	Annex	\$30	\$40

### Bitty Band Camp

Strike up the band! Campers will make musical instruments, learn songs and put on a performance the last day of camp. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Jul 18-20	Tue-Thu	9-11am	Annex	\$30	\$40

### Preschool Nature Camp

Drop your child off to explore nature through stories, games, crafts and hikes. Discover plants, animals and more at White Deer Park! Pre-registration is required. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-6	Aug 1-3	Tue-Thu	9-11am	WDPNC	\$30	\$40

### Preschool Theater Camp

Lights! Camera! Action! Join us this summer to sing, dress up, and perform on a real stage! Preschoolers will put on a performance for their family and friends the last day of camp. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Aug 8-10	Tue-Thu	9-11am	GPAC	\$30	\$40

## DROP-IN PROGRAMS

Pre-registration is not required for drop in programs.

### Preschool Open Gym

Run, jump and wiggle all that extra energy out on Tuesday mornings.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
1-6	Apr 4-May 30	Tue	10-11am	ASRC	\$2	\$3
1-6	Sep 5-26	Tue	10-11am	ASRC	\$2	\$3

### Whistle, Wiggle and Go

Incorporate movement and learning into music as we sing songs and play instruments every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
1-6	Apr-May	1st&3rd Wed	10-11am	Annex	\$2	\$3
1-6	Sep	1st&3rd Wed	10-11am	Annex	\$2	\$3

### Paint, Paste, and Play

Paint, cut and color on Thursday mornings.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
1-6	Apr 13-May 25	Thu	10-11am	Annex	\$2	\$3
1-6	Sep 7-28	Thu	10-11am	Annex	\$2	\$3

## SCIENCE & NATURE

### Dynamite Dinosaurs

Join us for a dinosaur dig and help unearth fossils! Min: 5 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
3-5	May 23	Tue	6-7pm	Annex	\$6	\$8
3-5	May 24	Wed	10-11am	Annex	\$6	\$8

### Rain, Rain, Go Away

April showers bring May flowers, but rainy days can get us feeling down. Let the Nature Center staff cheer you up with stories and crafts. We will also talk about why it rains so much in April and why that really is a good thing! Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	Apr 20	Thu	10-11am	WDPNC	\$6	\$8

### Mother Nature is Our Teacher

Join nature expert and storyteller Carlos Velasquez as he shares lessons about the natural world using the oral tradition of the Yakima Nation. Most of this program is held outdoors; please dress for the weather. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
4-6	May 13	Sat	10:30-11:30am	WDPNC	\$6	\$8
4-6	Sep 16	Sat	10:30-11:30am	WDPNC	\$6	\$8

### Fun With Flowers

We will read Eric Carle's *The Tiny Seed* and learn more about how seeds become flowers. Take home your own seeds to plant, and watch them grow! Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	May 18	Thu	10-11am	WDPNC	\$6	\$8

### Picnic with Professionals

Pack a picnic lunch and meet some of our favorite local heroes (and check out their neat cars and trucks!) during this popular series held at the Holly Shelter in White Deer Park.

### Garner Public Works

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 7	Wed	11am-12pm	WDP	FREE	FREE

### Garner Police Department

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 14	Wed	11am-12pm	WDP	FREE	FREE

### WakeMed Mobile Critical Care Services Transport Team

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 21	Wed	11am-12pm	WDP	FREE	FREE

### Garner Fire-Rescue

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 28	Wed	11am-12pm	WDP	FREE	FREE

### Endless Energy

Did you know that all energy starts with the sun? We'll learn how the food we (and our animal friends) eat starts with the sun's energy through hands-on activities. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	Jun 15	Thu	10-11am	WDPNC	\$6	\$8

### Window to My World



Meet some amazing young people who overcome challenges every day. Each week, guests will share about a different disability, explaining what makes them different and – more importantly – what makes them the same as other children. This is an interactive program designed to teach children about their peers who may seem different.

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
5-8	Jul 5	Wed	11am-12pm	WDPNC	FREE	FREE
5-8	Jul 12	Wed	11am-12pm	WDPNC	FREE	FREE
5-8	Jul 19	Wed	11am-12pm	WDPNC	FREE	FREE
5-8	Jul 26	Wed	11am-12pm	WDPNC	FREE	FREE

### Scales and Tails

Learn all about our cold-blooded reptile friends and what makes them different from other animals. Kids will get to meet our corn snake Poppy and our turtles Sally and Sheldon! Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	Jul 20	Thu	10-11am	WDPNC	\$6	\$8

### Total Eclipse of the Park

For the first time in almost 40 years, there will be a total solar eclipse visible in the United States! We will talk about how and why eclipses happen and give you tools you will need to safely observe this unique event occurring on August 21. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	Aug 17	Thu	10-11am	WDPNC	\$6	\$8

### Weird Science

We have some fun (and safe) experiments planned to teach the wonders of science at an early age. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-6	Sep 21	Thu	10-11am	WDPNC	\$6	\$8

## SPECIALTY PROGRAMS

### Brunch with the Bunny

Look who's coming down the bunny trail...it's Peter Cotton tail! Join us for pancakes, an Easter craft and pictures with the bunny!

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Apr 6	Thu	10-11am	Annex	\$10	\$12
2-5	Apr 6	Thu	6-7pm	Annex	\$10	\$12

### Princess Tea Party

Enter a world of imagination as we gather for a royal tea party! Wear your favorite princess dress while we make craft projects and enjoy a snack. Min: 5 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
2-5	Apr 25	Tue	6-7pm	Annex	\$6	\$8

### Daddy Daughter Dance

Young girls are invited to attend a night out with Dad or male chaperone. The night will be spent playing games, making ice cream sundaes and, of course, dancing!

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-15	Jun 3	Sat	6-8pm	ASRC	\$20	\$25

### Preschool Cooking

Join us as we whip up fun and tasty treats everyone is sure to enjoy. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-5	Jun 29	Thu	6-7pm	Annex	\$6	\$8
3-5	July 27	Thu	6-7pm	Annex	\$6	\$8
3-5	Aug 17	Thu	6-7pm	Annex	\$6	\$8

### Junior Detective

Who stole the cookies from the cookie jar? Follow the clues and lift fingerprints to solve the mystery. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-5	Aug 1	Tue	6-7pm	Annex	\$6	\$8

### Pirate Treasure Hunt

The Avery Street treasure has gone missing, and we need your help finding it! Dress in your favorite pirate gear and follow the clues to the missing treasure. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-5	Sep 5	Tue	6-7pm	Annex	\$6	\$8





# YOUTH PROGRAMS

## ART

### Painting

Kids will get to paint using a variety of techniques and methods.

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-10	Apr 27	Thu	6-7pm	Annex	\$6	\$8

### Mother's Day Gifts

Come out and make your mother a gift. These homemade gifts will show Mom just how special she is. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-10	May 11	Thu	6-7pm	Annex	\$6	\$8

## ATHLETICS

Youth basketball leagues are co-recreational. Each league involves two or three commitments per week. **The exact schedule will not be made until registration is complete and the exact number of teams in each league is known.** No one will be added to teams or given a refund after player evaluations. First-time players must present a birth certificate at registration. League assignments are based on the player's age as of **May 1, 2017**.

### Calling all coaches!



Volunteer coaches are vital to the success of our basketball leagues.

Approved applicants are tasked with planning and leading practices, maintaining communication with players and parents and following league rules. As a token of our appreciation, coaches will receive a team shirt and the registration fee of one child will be waived.

For more information and an application, contact Marcelle Williams at 919.773.4457 or [mwilliams@garnernc.gov](mailto:mwilliams@garnernc.gov).

### YOUTH SITE KEY

Annex	Avery Street Recreation Center Annex
ASRC	Avery Street Recreation Center
CENT	Centennial Park
SGP	South Garner Park
WDP	White Deer Park
WDPNC	White Deer Park Nature Center

RES = Resident Rate

NON-RES = Non-Resident Rate



## Basketball

### 5-7 Division Boys & Girls

The goal of this league is to have fun and learn the fundamentals of basketball. We will emphasize skill development and participation. Games will be limited, and the score is not kept. Player evaluations will be held on Saturday, May 20 at the time listed below.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
5-7	May 20-Aug 19	Sat	9-11am	ASRC	\$50	\$65

### 8-10 Division Boys & Girls

This basketball league is designed for boys and girls ages 8-10 who want to play basketball during the summer.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
8-10	May 20-Aug 19	Sat	11am-1pm	ASRC	\$50	\$65

### 11-13 Division Boys & Girls

The summer league is a great way to prepare for the upcoming season while having fun.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
11-13	May 20-Aug 19	Sat	1-3pm	ASRC	\$50	\$65

### 14-17 Division Boys & Girls

This basketball league is designed for boys and girls ages 14-17 who want to continue playing basketball in a recreational setting.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
14-17	May 20-Aug 19	Sat	3-5pm	ASRC	\$55	\$72

### Weekday Open Gym

Weekday Open Gym is a free program offered to all youth actively attending a Wake County school. Children can play basketball or participate in other activities. It offers students a safe, supervised environment each afternoon. Children have the opportunity to play or hang out with friends.

A parent/guardian must register their child in person at the Avery Street Recreation Center. Any student 15 or older must provide proof that they are attending an area high school.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
6-17	Mar 1-Aug 18	Mon-Fri	3-5:30pm	ASRC	FREE	FREE

### Weekend Open Gym

On Saturdays, participants can stop by the center for pick up basketball games. Pre-registration is required.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
6-17	April 1-May 27	Sat	2-4pm	ASRC	FREE	FREE

## Tennis

### Pee Wee Beginner Tennis (Boys & Girls)

Learn proper tennis techniques, including forehand and backhand strokes, as well as basic rules and scoring. Our program follows USTA standards for 8 and Under and uses low compression red balls.

Min: 5 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
5-7	May 6-May 27	Sat	9-9:45am	SGP	\$35	\$46
5-7	Jun 3-Jun 24	Sat	9-9:45am	SGP	\$35	\$46
5-7	Jul 8-Aug 5	Sat	9-9:45am	SGP	\$35	\$46
5-7	Aug 12-Sep 2	Sat	9-9:45am	SGP	\$35	\$46

### Mite Tennis (Boys & Girls)

Following USTA standards for 10 and Under, this class uses low compression orange balls, which allows for faster, more competitive play and more fun for everyone. Min: 5 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
8-10	May 6-May 27	Sat	10-10:45am	SGP	\$35	\$46
8-10	Jun 3-Jun 24	Sat	10-10:45am	SGP	\$35	\$46
8-10	Jul 8-Aug 5	Sat	10-10:45am	SGP	\$35	\$46
8-10	Aug 12-Sep 2	Sat	10-10:45am	SGP	\$35	\$46

### Junior Tennis: Beginner (Boys & Girls)

In this class your child will learn proper tennis techniques. This class is for levels beginner to intermediate. Sessions will consist of all ground strokes, volleys, serves and focus on match play and strategy.

Min: 5 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
11-17	May 6-May 27	Sat	11-11:45am	SGP	\$63	\$84
11-17	Jun 3-Jun 24	Sat	11-11:45am	SGP	\$63	\$84
11-17	Jul 8-Aug 5	Sat	11-11:45am	SGP	\$63	\$84
11-17	Aug 12-Sep 2	Sat	11-11:45am	SGP	\$63	\$84

### Junior Advanced Tennis (Boys & Girls)

This course is designed for youth who have successfully completed Junior Beginner Tennis or players who have a solid grasp on the fundamentals of tennis and are looking to take their game to the next level. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
11-17	May 6-May 27	Sat	12-12:45pm	SGP	\$63	\$84
11-17	Jun 3-Jun 24	Sat	12-12:45pm	SGP	\$63	\$84
11-17	Jul 8-Aug 5	Sat	12-12:45pm	SGP	\$63	\$84
11-17	Aug 12-Sep 2	Sat	12-12:45pm	SGP	\$63	\$84

## CAMPS



**camp kaleidoscope**

**Camp begins June 12**  
7:30 am-6:00 pm

\$75 Resident • \$100 Non-Resident • Maximum: 80 children

**Visit Local Parks**  
**Play Games • Water Days • Campactivities**  
**And Much More!**

**Rising 1st-8th Grades**

**Weekly Registrations Available!**

**Avery Street Recreation Center**  
125 Avery Street Garner, NC 27529

**Contact Sara Shaw at 919.662.5051**  
or visit [GarnerNC.gov](http://GarnerNC.gov)

### Garner Junior Counselor Leadership Program

This program is designed for teenagers who have a desire to strengthen their leadership skills, while gaining real-world hands-on experience. Participants in this 5-week program will work as junior counselors with our camp programs and receive leadership training from top community leaders. Over the course of the program, participants will earn 200 hours of community service and participate in 20 hours of leadership development. Contact Sara Shaw at [scshaw@garnernc.gov](mailto:scshaw@garnernc.gov) for an application and details.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
15-17	Jun 26-Jul 28	Mon-Fri	9am-5pm	ASRC	\$250	\$275

### Intro to STEM with LEGO

Tap into your imagination with tens of thousands of LEGOs. Build engineer-designed projects such as boats, snowmobiles, catapults and merry-go-rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. For an additional fee of \$35 for Residents or \$45 for Non-Residents, the full day option allows your child to arrive as early as 7:30am and be picked up as late as 6pm. Min: 11 Max: 24

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-7	Jul 24-28	Mon-Fri	9am-12pm	Annex	\$130	\$155

### Photography Camp

Learn how to make pictures, not just take pictures, in this hands-on camp taught by an award-winning photographer. We combine classroom workshops with photo shoots in the field. We will take field trips to various parks throughout the Town to apply what we learn. Participants must bring their own digital camera and user manual. For an additional fee of \$35 for Residents or \$45 for Non-Residents, the full day option allows your child to arrive as early as 7:30am and be picked up as late as 6pm. Min: 8 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
10-15	Jul 10-14	Mon-Fri	9am-12pm	GPAC	\$85	\$110

### Soccer Camp

This week-long camp will focus on the fundamentals of soccer. Learn the proper way to shoot, pass and dribble your soccer ball. Camp is taught by the professionals of Challenger Soccer. For an additional fee of \$35 for Residents or \$45 for Non-Residents, the full day option allows your child to arrive as early as 7:30am and be picked up as late as 6pm. Min: 7 Max: 25

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
7-16	Jul 17-21	Mon-Fri	9am-12pm	CENT	\$145	\$170

### STEM Challenge with LEGO

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGOs. Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as catapults, pneumatic cranes, arch bridges, and battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. For an additional fee of \$35 for Residents or \$45 for Non-Residents, the full day option allows your child to arrive as early as 7:30am and be picked up as late as 6pm. Min: 11 Max: 24

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
8-12	Jul 24-28	Mon-Fri	1-4pm	Annex	\$130	\$155

### Tennis Camp (Boys & Girls)

Come out and enjoy a fun time while participating in tennis camp. Each day will consist of stroke and skill development, point play, and games. A specific structure will be based on the age and skill level of the player.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-17	Jun 19-23	Mon-Fri	9am-12pm	SGP	\$75	\$96



### Theater Basics Camp

Each summer The Towne Players of Garner partner with the Town of Garner to provide a four week summer theater camp. Children will learn theater basics which they apply to the summer show, *Disney's Aladdin, Jr.* The children merge with the teens during the final week of the camp to rehearse their featured numbers in the show. Min: Max: 40

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-11	Jul 17-Aug 12	Mon-Thu	5-6:45pm	GPAC	\$107	\$132

### Theater Production Camp

The Towne Players of Garner partner with the Town of Garner to present a summer show annually. Interested teens must audition for a role in the show. If chosen, the teen will participate in an exciting and intensive four-week rehearsal period, culminating in a presentation of *Disney's Aladdin, Jr.* There is no fee for this camp, but teens must audition for a spot to participate.

**AUDITIONS: May 8 and 9 at 7pm**

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
12-19	Jul 10-Aug 12	Mon-Thu	7-9:30pm	GPAC	FREE	FREE

### Youth Nature Camp

This popular camp features nature exploration, science experiments, crafts, games and more. Early drop-off (starting at 7:30am) and aftercare (ending by 6pm) is available for an additional fee.

Min: 5 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
6-10	Jun 19-23	Mon-Fri	9am-4pm	WDPNC	\$150	\$175

## SCHOOLS OUT OPTIONS

### Spring Break Camp

Join us for a fun week of playing games, making crafts, visiting local parks and much more. Each camper will need to bring their own lunch and snack daily. Min: 8 Max: 24

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-14	Apr 10-13	Mon-Thu	7:30am-6pm	ASRC	\$75	\$100

### School's Out Days

Looking for something fun to do when school is out? Join us to play games, visit parks and make crafts. Each camper will need to provide their own lunch and snack. Min: 8 Max: 24

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
5-14	May 12	Fri	7:30am-6pm	ASRC	\$20	\$25

### Garner Afterschool Club

Need something to do once school is done for the day? Join us where we will spend time doing homework, playing games, creating LEGO designs, exercising and much more!

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-14	Apr 3-Sep 29	Mon-Fri	3-6pm	ASRC	FREE	FREE

## DROP IN PROGRAMS

### Youth Open Art

Every Thursday we will open up the craft closet and youth are invited to come create their own works of art. Pre-registration is not required.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
5-14	Sep 7-28	Thu	1:30-2:30pm	Annex	\$2	\$3

## SPECIALTY PROGRAMS

### First Friday

Join us on the first Friday of every month for games, crafts, projects and more. Kids can have fun with their friends while parents enjoy a night out! Min: 8 Max: 24

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
5-14	Apr 7	Fri	5:30-9:30pm	ASRC	\$15	\$19
5-14	May 5	Fri	5:30-9:30pm	ASRC	\$15	\$19
5-14	Jun 2	Fri	5:30-9:30pm	ASRC	\$15	\$19
5-14	Sep 1	Fri	5:30-9:30pm	ASRC	\$15	\$19

### LEGO Engineers

Future engineers will be challenged to complete tasks involving making a design out of Legos. Each class will consist of a different challenge. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Apr 20	Thu	6-7pm	Annex	\$6	\$8
6-12	May 18	Thu	6-7pm	Annex	\$6	\$8
6-12	Sep 28	Thu	6-7pm	Annex	\$6	\$8

### Daddy Daughter Dance

Young girls are invited to attend a night out with Dad or male chaperone. The night will be spent playing games, making ice cream sundaes, and of course, dancing!

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-15	Jun 3	Sat	6-8pm	ASRC	\$20	\$25

### Picnic with Professionals

Pack a picnic lunch and meet some of our favorite local heroes (and check out their neat cars and trucks!) during this popular series held at the Holly Shelter in White Deer Park.

### Garner Public Works

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 7	Wed	11am-12pm	WDP	FREE	FREE

### Garner Police Department

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 14	Wed	11am-12pm	WDP	FREE	FREE

### WakeMed Mobile Critical Care Services Transport Team

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 21	Wed	11am-12pm	WDP	FREE	FREE

### Garner Fire-Rescue

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
1-10	Jun 28	Wed	11am-12pm	WDP	FREE	FREE

### Adult CPR/AED/First Aid

Taught using National Safety Council guidelines, this comprehensive course teaches students how to recognize and care for cardiac emergencies as well as how to provide basic first aid treatment for bleeding, burns, sudden illness and more. Participants who successfully complete the course will receive a 2-year certification in Adult CPR/AED and a 3-year certification in First Aid. All training equipment is provided. Participants should bring lunch. Pre-registration is required. Min: 3 Max: 8

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
12 & Up	Jun 17	Sat	9am-3:30pm	WDPNC	\$35	\$45
12 & Up	Aug 12	Sat	9am-3:30pm	WDPNC	\$35	\$45

### Youth Council



Join us on September 21 as we kick-start our Youth Council program and discuss ways you can be involved in shaping your community. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
12-17	Sep 21	Thu	6-7pm	ASRC	FREE	FREE

### Homeschool Hangout



Homeschool students are invited to this four-week program, where they will make crafts, do science experiments and play games. Min: 8 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
5-14	Sep 1-22	Fri	1-3pm	ASRC	\$20	\$25

## SCIENCE AND NATURE



### Discovery Days

This self-paced drop-in program features a different theme from the natural world each month. Parents and children learn together while visiting stations that feature different hands-on activities, experiments and crafts.

#### April Showers

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Apr 6	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Apr 6	Thu	3-5pm	WDPNC	FREE	FREE

#### May Flowers

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	May 4	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	May 4	Thu	3-5pm	WDPNC	FREE	FREE

### Food Web Fun

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Jun 1	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Jun 1	Thu	3-5pm	WDPNC	FREE	FREE

### Rockin' Reptiles

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Jul 6	Thu	10am-12pm	WDPNC	FREE	FREE

### Solar System Exploration

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Aug 10	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Aug 10	Thu	3-5pm	WDPNC	FREE	FREE

### Scientific September

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Sep 7	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Sep 7	Thu	3-5pm	WDPNC	FREE	FREE

### Outdoor Adventurers

Explore the Discovery Day theme out in the park with one of our educators! Most of this program is held outdoors; please dress for the weather. Pre-registration is required. Fee is per child. (Parents do not need to pay to attend.) Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Apr 1	Sat	10:15-11:15am	WDPNC	\$4	\$5
6-12	May 6	Sat	10:15-11:15am	WDPNC	\$4	\$5
6-12	Jun 3	Sat	10:15-11:15am	WDPNC	\$4	\$5
6-12	Jul 8	Sat	10:15-11:15am	WDPNC	\$4	\$5
6-12	Aug 12	Sat	10:15-11:15am	WDPNC	\$4	\$5
6-12	Sep 9	Sat	10:15-11:15am	WDPNC	\$4	\$5

### Night Hike

Explore White Deer Park at night on this guided hike. Please dress for the weather and bring a flashlight. Pre-registration is required. Fee is per child. (Parents do not need to pay to attend.) Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Sep 29	Fri	7:30-8:30pm	WDPNC	\$4	\$5

### NC Boating Education

Taught by officers from the NC Wildlife Resources Commission, this 6-hour course covers information about boat operation, legal requirements and handling emergencies. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at [www.ncwildlife.org](http://www.ncwildlife.org).

DATES	DAYS	TIME	SITE	FEE
May 15 & 16	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife
Jul 17 & 18	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife

### NC Hunter Education

This 6-hour course is required for all first-time hunting license buyers in North Carolina. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at [www.ncwildlife.org](http://www.ncwildlife.org).

DATES	DAYS	TIME	SITE	FEE
Sep 11 & 12	Mon & Tue	6-9pm	WDPNC	FREE

## Athletic Program Partners

The Town partners with a variety of volunteer organizations to provide additional youth athletics opportunities. Please contact program providers directly regarding registration, fees and schedules.

Sport	Program Provider	Ages	Season	Registration Period
Baseball	GAYSL	Girls 5-14	March—June	Early February
	GAYSL	Girls 5-14	August—October	Late July
	GBI	Boys & Girls 5-18	March—June	Early February
	GBI	Boys & Girls 5-18	August—October	Mid-July
Basketball	Garner PRCR	Boys & Girls 5-17	June—Early August	Mid-April—Late May
	Garner PRCR	Boys & Girls 5-7 & 13-17	Mid-November—Early March	Mid-September—Mid-November
	Garner AAU Flames	Select Girls 8-13	Year-Round	Fall
	Garner Optimist Club	Boys 8-12	Mid-November—Late February	Late October
Cheerleading (Pop Warner)	Garner Civitan Club	Girls 5-15	August—November	Late May—June
Football (Pop Warner)	Garner Civitan Club	Boys & Girls 5-15	August—November	Mid-March
Soccer	GASA	Boys & Girls 5-17	Mid-February—Early June	October-December
	GASA	Boys & Girls 5-17	Mid-August—November	May—June
Softball (Fast-Pitch)	GAYSL	Girls 5-16	March-June	Early February
	GAYSL	Girls 5-16	August-October	Late July
Volleyball	Garner PRCR	Girls 8-17	Mid-November—Early March	Mid-September—Mid-November
Youth Open Gym	Garner PRCR	Boys & Girls 6-17	Saturdays Outside of Youth Basketball Season	N/A

## Contact Information

Organization	Contact Person	Phone/Website
Garner PRCR (Garner Parks, Recreation and Cultural Resources)	Marcelle Williams	919.773.4457
Garner AAU Flames	Arne Morris	919.880.1258
Garner Civitan Club	Cheerleading: Jeralynn Castles Football: Mark Massey	Cheerleading: 919.779.5297 Football: 919.291.8116
Garner Optimist Club	Danny Thornton	919.772.8223
GASA (Garner Area Soccer Association)	Visit Website	garnersoccer.com
GAYSL (Garner Area Youth Sports League)	Office	919.779.2499 / garnersports.com
GBI (Garner Baseball, Inc.)	Office	919.779.6911 / garnerbaseball.com



# ADULT PROGRAMS

Unless otherwise indicated, Adult programs are for adults ages 16 & up.

## ADULT SITE KEY

ASRC	Avery Street Recreation Center
CRP	Creech Road Park
GSC	Garner Senior Center
GSCFA	Garner Senior Center Fitness Annex
LBB	Lake Benson Boathouse
LBP	Lake Benson Park
SGP	South Garner Park
WDPNC	White Deer Park Nature Center

RES = Resident Rate

NON-RES = Non-Resident Rate

## ART

### Open Art Studio

Bring your painting supplies and use our space to work and be around other artists. Min: 5 Max: 25

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	Thu	5-8pm	GSC	FREE	FREE

## ATHLETICS

### Weekend Open Gym

On Saturdays, participants can stop by the center for pick-up basketball games. Pre-registration is required.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
18 & Up	April 1-May 27	Sat	11am-1pm	ASRC	\$2	\$3

## BASKETBALL

### 25 & Over Basketball League

This league is designed for young adults looking to maintain their basketball skills and enjoy competitive play. A team interest meeting is scheduled for Wednesday, July 19 at 7pm. There will be a mandatory organizational meeting on Wednesday, August 16 at 7pm. The registration deadline is the night of the organizational meeting.

Ages 25 & UP

DATES	DAYS	TIME	SITE	RES FEE	NON-RES
Sep-Nov	Tue & Thu	7pm	ASRC	\$450/team \$15/jersey	\$20/player \$15/jersey

### 40 & Over Basketball League

This league is designed for adults looking to stay fit and active while enjoying time with friends. A team interest meeting is scheduled for Wednesday, July 19 at 7:45pm. There will be a mandatory organizational meeting on Wednesday, August 16 at 7:45pm. The registration deadline is the night of the organizational meeting.

AGES 40 & UP

DATES	DAYS	TIME	SITE	RES FEE	NON-RES
Sep-Nov	Tue & Thu	7:45pm	ASRC	\$450/team \$15/jersey	\$20/player \$15/jersey

### Adult Advanced Basketball League (AABL)

This new league is designed for former high school, college and semi-professionals looking to play basketball at a higher level. NBA-style rules will be used, including a 30-second shot clock and no zone defense.

AGES 21 & UP

DATES	DAY	TIME	SITE	RES FEE	NON-RES
Sep-Nov	Sat	8:30pm	ASRC	\$550/team \$15/jersey	\$20/player \$15/jersey

## SOFTBALL



### Recreational Softball League

Gather friends, co-workers and church members to form a team. Fun, fellowship and equally competitive teams are the cornerstone of this USSSA league. Games will be scheduled on Tuesday and Thursday nights at Creech Road School Park. A team interest meeting is scheduled for Monday, June 12 at 7pm with a mandatory organizational meeting on Monday, July 10 at 7pm. The registration deadline is the night of the organizational meeting.

AGES 18 & UP

DATES	DAYS	TIME	SITE	RES FEE	NON-RES
July-Sep	Tue & Thu	7pm	CRP	\$450/team \$15/jersey	\$20/player \$15/jersey

### Men's 50 & Over/60 & Over Softball League

This is a softball league for those who still want to play competitive softball and not have to worry about keeping up with younger competition. A team interest meeting is scheduled for Monday, June 12 at 7:45pm. A mandatory organizational meeting is scheduled for Monday, July 10 at 7:45pm. The registration deadline is the night of the organizational meeting.

AGES 50 & UP

DATES	DAYS	TIME	SITE	RES FEE	NON-RES
July-Sep	Mon & Wed	7pm	CRP	\$450/team \$15/jersey	\$20/player \$15/jersey

## TENNIS

### Tennis

Learn strokes and other basic tennis skills through drills. This class will also have an element of match play and tennis strategy for those who are more familiar with the sport.

AGES 18 & UP

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 7-28	Sat	1-1:45pm	SGP	\$70	\$90

## OUTDOOR

### Citizen Science Sampler Series

Learn how you can help White Deer Park Nature Center collect data that will contribute to scientific knowledge on a larger scale. This series will introduce a different citizen science project at each session. After a brief presentation, we will take our new skills out into the field. The only prerequisite for participation is an appreciation of the outdoors. We'll teach you the rest! Pre-registration is encouraged but not required.

### Project BudBurst

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 4	Tue	6-7:30pm	WDPNC	FREE	FREE

### Caterpillars Count

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 11	Tue	6-7:30pm	WDPNC	FREE	FREE

### FrogWatch USA

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 18	Tue	6-7:30pm	WDPNC	FREE	FREE

### eBird

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 25	Tue	6-7:30pm	WDPNC	FREE	FREE

### Big Sweep/Litter Sweep

Celebrate Earth Day by volunteering to remove litter from our parks and streets. Volunteers should wear closed-toed shoes and bring drinking water and sun protection. Meet at the Holly Shelter to receive clean-up assignment and equipment. Pre-registration is encouraged but not required. Volunteers may sign up online or by calling White Deer Park Nature Center at 919.661.6982. On-site registration begins at 8:30am at the Holly Shelter the morning of the event. Groups welcome!

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 22	Sat	9-10:30am	WDP	FREE	FREE



### Full Moon Paddles

Experience the beauty and tranquility of Lake Benson at night. Participants will paddle in a canoe or solo kayak at their leisure, have access to a telescope to view the moon and enjoy s'mores. Please arrive 20 minutes early to receive safety equipment and instructions. (Please note that no private boats are allowed on Lake Benson.) Pre-registration is required. Min: 4 Max: 14

DATE	DAY	TIME	SITE	RES	NON-RES
May 10	Wed	8-10pm	LBB	\$12	\$16
Jul 9	Sun	8:30-10:30pm	LBB	\$12	\$16
Sep 6	Wed	7:30-9:30pm	LBB	\$12	\$16



### NC Boating Education

Taught by officers from the NC Wildlife Resources Commission, this 6-hour course covers information about boat operation, legal requirements and handling emergencies. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at [www.ncwildlife.org](http://www.ncwildlife.org).

DATES	DAYS	TIME	SITE	FEE
May 15 & 16	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife
Jul 17 & 18	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife

### Quickstart Your Kayak

Taught by an American Canoe Association certified instructor, this introductory class covers basic information on paddling, including safety, etiquette and strokes. Kayaks, paddles and personal flotation devices are provided by Lake Benson Boathouse. (Please note that no private boats are allowed on Lake Benson.) Pre-registration is required. Min: 2 Max: 5

DATE	DAY	TIME	SITE	RES	NON-RES
Jul 21	Fri	6-9pm	LBB	\$25	\$35
Aug 18	Fri	6-9pm	LBB	\$25	\$35

### NC Hunter Education

This 6-hour course is required for all first-time hunting license buyers in North Carolina. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at [www.ncwildlife.org](http://www.ncwildlife.org).

DATES	DAYS	TIME	SITE	FEE
Sep 11 & 12	Mon & Tue	6-9pm	WDPNC	FREE

## SPECIALTY

### Adult CPR/AED/First Aid

Taught using National Safety Council guidelines, this comprehensive course teaches students how to recognize and care for cardiac emergencies as well as how to provide basic first aid treatment for bleeding, burns, sudden illness and more. Participants who successfully complete the course will receive a 2-year certification in Adult CPR/AED and a 3-year certification in First Aid. All training equipment is provided. Participants should bring lunch. Pre-registration is required. Min: 3 Max: 8

DATE	DAY	TIME	SITE	RES	NON-RES
Jun 17	Sat	9am-3:30pm	WDPNC	\$35	\$45
Aug 12	Sat	9am-3:30pm	WDPNC	\$35	\$45

## FITNESS

Fitness programs are listed in alphabetical order.

It is the responsibility of the participant to consult a physician before enrolling in any fitness program.

### Creative Movement

This class is designed for adults with developmental disabilities. Sessions rotate between baseball, basketball, volleyball, bowling and dancing. Participants must bring a caregiver.

DATES	DAY	TIME	SITE	RES	NON-RES
May 2-Jun 6	Tue	6-7pm	GSCFA	FREE	FREE
Jun 27-Aug 8	Tue	6-7pm	GSCFA	FREE	FREE
Aug 29-Oct 3	Tue	6-7pm	GSCFA	FREE	FREE
NO CLASS Jul 4					

### Dance Fusion

Connect your fitness routine with your love for dance. This class combines dance movements with unique music, including hip hop, Latin, modern ballet and African Dance. Min: 9 Max: 50 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
May 4-Jun 8	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Jun 3-Jul 15	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Jun 29-Aug 3	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Aug 5-Sep 16	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Aug 24-Sep 28	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Jun 3-Jul 15	Sat	9-10am	GSCFA	\$21	\$28
Aug 5-Sep 16	Sat	9-10am	GSCFA	\$21	\$28
NO CLASS Jul 1, Sep 2					



### Dance Fusion Party

Check out Dance Fusion before registering for the full session. Pre-registration is not required. (Correct change is appreciated.) Max: 50 (1 class)

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 21	Fri	6:30-7:30pm	GSCFA	\$5	\$7
May 19	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Jun 16	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Jul 21	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Aug 18	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Sep 15	Fri	6:30-7:30pm	GSCFA	\$5	\$7

### Early Bird Boot Camp

Increase your chance for success by working out before your day distracts you. Wake your body up with a combination of strength and cardio training guaranteed to hit every major muscle group. Min: 10 Max: 50 (16 classes)

DATES	DAYS	TIME	SITE	RES	NON-RES
May 31-Jul 21	Wed & Fri	5:30-6:30am	GSCFA	\$55	\$75
Aug 9-Sep 29	Wed & Fri	5:30-6:30am	GSCFA	\$55	\$75

### Hoopng

This fun class strengthens the core, tones abdominal muscles and increases cardiovascular stamina. Min: 6 Max: 50 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 10-May 15	Mon	5:15-5:50pm	GSCFA	\$10	\$13
Aug 7-Sep 18	Mon	5:15-5:50pm	GSCFA	\$10	\$13
NO CLASS Sep 4					

### Step & Sculpt Daytime

Take your workout to the next level in this more strenuous version of our popular Step class. Please bring a mat to class.

Min: 9 Max: 20 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Aug 30-Oct 4	Wed	9:30-10:30am	ASRC	\$11	\$13

## Fitness Room Adult Membership

A fitness room is located in the Garner Senior Center Fitness

Annex. It is available to members ages 16 & over.

An orientation is required prior to obtaining a membership.

Contact Nancy Hulbert at 919.661.6893 or

[nhulbert@garnernc.gov](mailto:nhulbert@garnernc.gov) to schedule an appointment.

**Hours:** Mondays-Thursdays 4-8pm

**Resident Rate:** \$11/month

**Non-Resident Rate:** \$13/month

### Yoga: Hatha

Enjoy a combination of poses designed to gently stretch and strengthen the body. Each class ends with restorative deep relaxation that renews the body and spirit. Please bring a mat, pillow and blanket to class. Min: 10 Max: 25 (8 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
May 23-July 25	Tue	6:05-7:05pm	GSC	\$56	\$74
Aug 8-Sep 26	Tue	6:05-7:05pm	GSC	\$56	\$74
NO CLASS Jun 6, Jul 4					

### Yoga: Yin

Gently stretch and mend the connective tissues that form your joints in this mindful, therapeutic form of yoga. All fitness levels are welcome. Please bring a mat to class. Min: 10 Max: 25 (8 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
May 23-Jul 25	Tue	5-6pm	GSC	\$56	\$74
Aug 8-Sep 26	Tue	5-6pm	GSC	\$56	\$74
NO CLASS Jun 6, Jul 4					

### Yoga in the Park

These beginner classes are held on the Learning Deck at White Deer Park Nature Center, weather permitting. (Otherwise, they are held inside the Nature Center.) Please bring a mat and water bottle to class. Min: 10 Max: 30 (4 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 29-May 20	Sat	9-10am	WDPNC	\$30	\$40
Jul 15-Aug 5	Sat	9-10am	WDPNC	\$30	\$40
Aug 26-Sep 23	Sat	9-10am	WDPNC	\$30	\$40
NO CLASS Sep 9					

### Zumba

This dynamic fitness program combines Latin rhythms and easy-to-follow moves into a calorie-burning dance party.

Min: 9 Max: 50 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 12-May 17	Wed	6-7pm	GSCFA	\$21	\$28
Jun 5-Jul 17	Mon	6-7pm	GSCFA	\$21	\$28
Jun 7-Jul 12	Wed	6-7pm	GSCFA	\$21	\$28
Aug 7-Sep 18	Mon	6-7pm	GSCFA	\$21	\$28
Aug 2-Sep 6	Wed	6-7pm	GSCFA	\$21	\$28
Sep 27-Nov 1	Wed	6-7pm	GSCFA	\$21	\$28
NO CLASS Jul 3, Sep 4					

# SENIOR PROGRAMS

Unless otherwise indicated, Senior programs are for adults ages 55 & up.

## SENIOR SITE KEY

ASRC	Avery Street Recreation Center
CRP	Creech Road Park
GSC	Garner Senior Center

RES	Resident Rate
NON-RES	Non-Resident Rate



## ART

### Open Art Studio

Bring your painting supplies and use our space to work and be around other artists. Min: 5 Max: 25

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	Thu	5-8pm	GSC	FREE	FREE

### Acrylic Painting Art Studio with John Duzs

Learn painting for the first time or brush up on your skills as an accomplished artist. Studio instruction is available on a week to week basis. You may start at any time. You may pick up a supply list at the front desk. Min: 3 Max: 15

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	Fri	10am-1pm	GSC	\$10	\$13

### Wake County Senior Games-SilverArts Follies Show

Wake County Senior Games hosts their annual SilverArts Follies Performing Arts competition. Adults 50+ compete for medals in dance, vocal, comedy-drama and instrumental categories. One overall winner represents Wake County in the North Carolina Senior Games in September. This show is free to attend. A reception sponsored by NC State Parks, Recreation and Tourism Management students will follow the performance.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 5	Wed	4-6pm	GPAC	FREE	FREE

## EDUCATION

Garner Senior Center partners with community organizations to offer free educational programs. Contact the Center at 919.779.0122 for more information about scheduling.

### Basic Computer Classes

Triangle Literacy Council offers 4-week sessions that cover the basic uses of a personal computer, word processing, internet, e-mail and use of social media. Classes are scheduled based on instructor availability and are free of charge.

### Technology Tutoring

Learn how to make the best use of your smart phone, tablet and other gadgets. These free sessions are provided by students from Southeast Raleigh Magnet High School who are pursuing information technology studies as a career. Check the front desk for dates and to register.

### Conversational Spanish

Designed for students with some prior knowledge of Spanish, this course will help you develop conversational and reading strategies. The course includes group reading, discussions, dialogues, oral presentations and role playing. Emphasis is on practical, everyday language, idiomatic expressions and cultural content with weekly reviews of grammar and vocabulary and homework assignments for extra practice and preparation for presentations. Sign up at the front desk. Sponsored by Wake Technical Community College.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 4-May 30	Tue	9-11am	GSC	FREE	FREE

### Conversational Spanish II

Develop additional conversational and reading strategies through group discussions, dialogues, oral presentation and role playing. Emphasis is on practical language, idiomatic expressions and cultural context. The focus of this course is exploring content from the second half of the Vistas text with a chance to practice through various communication methods. Sign up at the front desk. Sponsored by Wake Technical Community College.

DATES	DAY	TIME	SITE	RES	NON-RES
Jun13-Aug 15	Tue	9-11am	GSC	FREE	FREE

### North Carolina & the American Civil War

Let's take a look at the American Civil War as it specifically affected and was fought in North Carolina. From the prelude to Reconstruction, this course looks at both military and domestic challenges of the war and the radical social and political changes that ensued. Sign up at the front desk.

Sponsored by Wake Technical Community College.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 6-May 4	Thu	9-11am	GSC (Craft Room)	FREE	FREE

### The Original Tar Heels

Examine the indigenous people of the North Carolina region. Looking back to before recognized European contact, through the contact era into the colonial relations, the early United States and up to the status of Native Americans in North Carolina today. Sign up at the front desk. Sponsored by Wake Technical Community College.

DATES	DAY	TIME	SITE	RES	NON-RES
May 18-Jun 15	Thu	9-11am	GSC (Craft Room)	FREE	FREE

### The American Revolution in the South

Learn the history of the American Revolution as it impacted the southern colonies (eventually the southern states), exploring the regional dispositions before the war, engaging in the war as much as a civil war as a war for independence. Traditional depictions of the Revolution have favored the northern colonies in the telling. This course presents a perspective that observes the consideration that Britain's Army surrendered in the south. Sign up at the front desk. Sponsored by Wake Technical Community College.

DATES	DAY	TIME	SITE	RES	NON-RES
Aug 24-Sep 11	Thu	9-11am	GSC (Craft Room)	FREE	FREE



## **FITNESS**

### Fitness Pass



Purchase an annual pass to participate in senior fitness classes and programs. Enjoy up to 17 activities offered each week. Pricing information and included programs are listed on page 29. Senior Fitness pass does not include access to the fitness room.

### Intro to Line Dancing

Learn (or relearn) the basic steps and terminology of this popular form of exercise. Min: 10 Max: 50 (8 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
May 3-Jun 21	Wed	4:30-5pm	GSCFA	Inc. in Fitness Pass	
Jul 12-Aug 30	Wed	4:30-5pm	GSCFA	Inc. in Fitness Pass	
Sep 20-Nov 8	Wed	4:30-5pm	GSCFA	Inc. in Fitness Pass	

### Line Dance Workshops

Review the basic steps and terminology used in line dancing.

Min: 10 Max: 50

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	3rd Thu	4:30-5pm	GSCFA	Inc. in Fitness Pass	

## **Fitness Room Senior Membership**

A fitness room is located in the Garner Senior Center Fitness Annex. It is available to members ages 16 & over.

To be eligible for a senior membership, you must be 55 or over and a member of the Garner Senior Center.

An orientation is required prior to obtaining a membership.

Contact Nancy Hulbert at 919.661.6893 or [nhulbert@garnernc.gov](mailto:nhulbert@garnernc.gov) to schedule an appointment.

**Hours:** Mondays-Thursdays 8am-8pm & Fridays 8am-5pm

**Resident Rate:** \$11/month

**Non-Resident Rate:** \$13/month



### TOPS

Take Off Pounds Sensibly (TOPS) is a nonprofit organization offering a healthy, caring and supportive approach to weight control since 1948. Weigh-ins are conducted first; meetings begin half an hour later.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	Mon	5:30-7pm	GSC	Fee set by TOPS	
Apr-Sep	Fri	1:30-3pm	GSC	Fee set by TOPS	

### S.A.I.L. (Stay Active and Independent for Life)

This program is specifically designed to help maintain and improve strength, balance and mobility and decreases risk for falls. Course includes pre and post-fitness assessments, one hour of exercise (warm up, aerobic, resistance and stretch), a copy of Stay Active and Independent for Life: An Information Guide for Adults 65+. Instructor: Jerusha Allen, PT, DPT and owner of Optimum Mobile Rehab. This program is for members ages 65 and up. See Nancy to register. Min: 6 Max: 12

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 13-Jun 29	Thu	2-3pm	GSCFA	FREE	FREE



**MEALS on WHEELS**  
**WAKE COUNTY**

We serve 1,300 noontime meals every weekday to the elderly, homebound and persons with disabilities of Wake County. Our outreach consists of hot meals to homebound individuals, communal dining for seniors in congregate dining rooms, and frozen meal service for dialysis patients and other homebound individuals in isolated areas. Over 2,200 volunteers help us deliver meals Monday through Friday each week.

For more information contact  
Pat Rooks, Director 919.772.5057

### **HEALTH & WELLNESS**

Sponsored by



For programs requiring pre-registration,  
sign up in person at Garner Senior Center or  
over the phone by calling 919.779.0122.

### Working Through Your Grief

These sessions are designed to educate, support and encourage individuals who have experienced the loss of a loved one. An appointment is required. Co-sponsored by Heartland Hospice.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	2nd Mon	10-11am	GSC	FREE	FREE

### Heart Connection Group

These sessions are designed to educate, support and encourage individuals who provide care to a loved one. Co-sponsored by Heartland Hospice.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	4th Mon	10-11am	GSC	FREE	FREE

### Diabetes Support Group

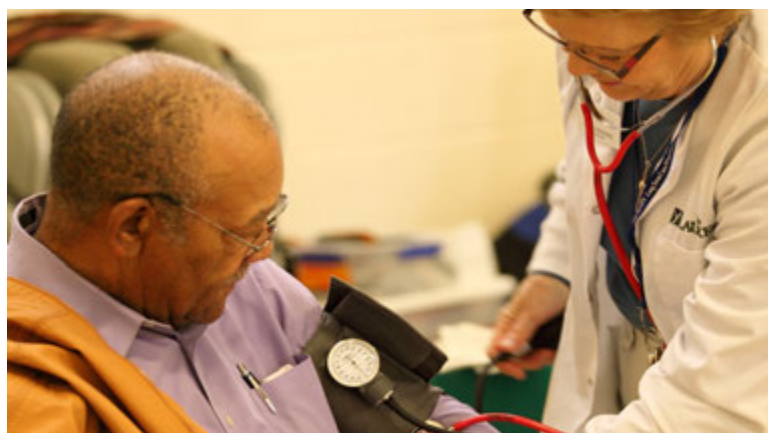
Managing diabetes is a lifestyle. Join others who are embracing this challenge and share ideas for enhancing your life every day. Co-sponsored by Kroger Pharmacy.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr-Sep	2nd Tue	10-11am	GSC	FREE	FREE

### Blood Pressure Screening

Know your numbers and be prepared for your next doctor's appointment by having your blood pressure measured and recorded. Co-sponsored by The Laurels of Forest Glenn and RFS.

DATES	DAYS	TIME	SITE	RES	NON-RES
Apr-Sep	1st & 3rd Wed	10-11am	GSC	FREE	FREE



### Life Writing Classes

Explore your inner writer and learn how to improve your writing skills. Presented by Dr. Jim Clark. Pre-registration is required. (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 5-May 10	Wed	10am-12pm	GSC	FREE	FREE
Sep 6-Oct 11	Wed	10am-12pm	GSC	FREE	FREE

### Planning for the Inevitable

Help yourself and loved ones prepare for your burial expenses. Pre-registration is required. Presented by Lea Funeral Home.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 5	Wed	10:10am-11am	GSC	FREE	FREE

### Food Stamps for Older Adults

Do you need more food in your pantry? You may be eligible for food assistance that is provided in your county. Speak to a person that could sign you up for the food resources you need. Pre-registration is required. Presented by Three Squares.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 7	Fri	10:10-11am	GSC	FREE	FREE
Jun 12	Mon	10:10-11am	GSC	FREE	FREE
Aug 23	Wed	10:10-11am	GSC	FREE	FREE

### Legal Aid Clinic

A lawyer from Legal Aid will be on site for individual consultations at 30-minute intervals. You must be a resident of Wake County to be eligible. Pre-registration is required. Participants must be 60 or older. **Proof of income for eligibility will be required in 2017.**

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 20	Thu	10am-12pm	GSC	FREE	FREE
Jun 9	Fri	10am-12pm	GSC	FREE	FREE
Sep 15	Fri	10am-12pm	GSC	FREE	FREE

### Fire Extinguisher Live Demonstration

Learn how to properly use any type of fire extinguisher. Also learn the best type to have in your home or office.

DATES	DAY	TIME	SITE	RES	NON-RES
Apr 26	Wed	10:10-11am	GSC	FREE	FREE

### Breast Cancer Exams/Rex Mobile

Breast health is important to all women. When was your last mammogram? This is an annual service that Resources for Seniors provides. Most insurances are accepted. Pre-registration is required. Registration begins Monday, April 10.

DATES	DAY	TIME	SITE	RES	NON-RES
May 19	Fri	9:30am-2:30pm	GSC	FREE	FREE

### Maintaining Healthy Relationships

Learn how to maintain healthy relationships throughout your lifetime. Is there someone you want to reconnect with? Presented by Silver Linings.

DATES	DAY	TIME	SITE	RES	NON-RES
May 24	Wed	10:10-11am	GSC	FREE	FREE

## TRIPS

### Durham Bulls Baseball Game

Enjoy an evening of AAA Baseball at the home of the Durham Bulls as they take on the Gwinnett Braves. Cost includes mid-grade tickets and transportation. The Durham Bulls have boasted successful seasons and player promotions to the Tampa Bay Rays. Friday night games end with a firework display. Min: 6 Max: 12

DATE	DAY	TIME	SITE	RES	NON-RES
May 19	Fri	Depart 5:30pm	GSC	\$15	\$20

### Carolina Mudcats Baseball Game

Travel with us to Five County Stadium, home of the Carolina Mudcats Division A Baseball, as they take on the Winston-Salem Dash.

Min: 6 Max: 12

DATE	DAY	TIME	SITE	RES	NON-RES
Jun 6	Tue	Depart 5:30pm	GSC	\$15	\$20

### Formula of Escape

An ideal room to get your feet wet into the puzzles and riddles of a more traditional room escape. Find the clues, solve the riddles and escape. Min: 6 Max: 6

DATE	DAY	TIME	SITE	RES	NON-RES
Jun 23	Fri	Depart 3pm	GSC	\$20	\$26



Garner Senior Center offers fitness, arts, education and leisure programming for adults 55 and better.

#### Hours of Operation:

Monday-Thursday: 8am-8pm

Friday: 8am-5pm

Front Desk: 919.779.0122

Meals on Wheels: 919.772.5057

Resources for Seniors: 919.661.6894

Keep up to date with all the latest ADULT and Senior Programming news by "LIKING" our Facebook page.



# Garner Senior Center Ongoing Programs

For class descriptions or more information call the Senior Center at 919-779.0122.



Senior Fitness Pass: January 1 - December 31, 2017 Resident: \$20 Non-Resident: \$35  
 July 1 - December 31, 2017 Resident: \$10 Non-Resident: \$18

Programs included in the "Senior Fitness Pass" are marked below with ♦". Please inquire at the front desk for more information.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 Indoor Walking 9:00 Tennis (off site) 9:00 Intro to Pickleball ♦ 9:30 Chair Fitness (video) 10:00 On the Mend 10:30 Beginner Line Dance ♦ 12:00 Turtle Walking 12:00 Bowling (off site) 12:30 Pinochle 1:00 Scrabble 1:00 Trivia (2nd Monday) 1:00 Table Tennis (non competitive) ♦ 2:00 Indoor Walking 4:15 Senior Yoga (bring a mat) ♦ 5:30 TOPS Weigh In 6:00 TOPS Meeting 8:00 Center Closes	8:00 Indoor Walking TBA Fun Golfers (off site) 9:30 Senior Fitness ♦ 9:30 Color Me Calm 10:00 On the Mend 11:00 Line Dancing ♦ 12:30 Bridge 12:30 Card Games 12:30 Indoor Walking 1:00 Chess Lessons 1:30 Pickleball (competitive) ♦ 3:30 Pickleball (non competitive) ♦ 8:00 Center Closes	8:00 Indoor Walking 9:00 Table Games 9:00 Table Tennis (non competitive) ♦ 9:30 Chair Fitness (video) 10:00 Blood Pressure Check (1st and 3rd Wed.) 10:45 Book Club (3rd Wed.) 11:00 Intro Line Dancing (8 week sessions) ♦ 12:00 Turtle Walking 12:00 Woodcarving 12:15 Chorus 1:00 Dominos 1:00 Senior Circuit 1:30 Canasta 1:30 Bingo 2:30 Indoor Walking 3:30 Basketball ♦ 5:05 Beginner Senior Yoga (bring a mat) ♦ 8:00 Center Closes	8:00 Indoor Walking 9:00 Tennis (off site) 9:30 Senior Fitness ♦ 10:00 Simply Music 10:45 Stability Ball (bring a mat) ♦ 12:00 Folk Dancing (Signup Required) 12:00 Beg. Bridge Lessons 12:00 Bowling (off site) 12:30 Card & Board Games 1:00 Indoor Walking 1:00 Bridge Lessons 1:00 Movie Matinee (1st Thurs) 1:30 Int. Bridge Lessons 4:30-5:00 Line Dance Workshop (3rd Thurs) ♦ 5:00 Beginner Line Dancing ♦ 5:00 Open Art Studio 5:00 Games & Cards 8:00 Center Closes	8:00 Indoor Walking 9:00 Table Tennis (competitive) ♦ 9:30 Chair Fitness (video) 10:00 Needlework 10:00 Meditation 10:00 Painting with Acrylics 10:15 Pickleball (non competitive) ♦ 11:45 Stretch & Flex ♦ 12:30 Bridge 12:30 Wii 12:45 Beginner Table Tennis ♦ 1:00 Hand & Foot (cards) 1:30 Pickleball ♦ 1:30 TOPS Weigh In 2:00 TOPS Meeting 5:00 Center Closes

Senior Fitness Pass does not include access to the fitness room. Please visit page 26 for pricing and additional information on fitness room membership.



# PARKS & FACILITIES



## Parks & Facilities At-A-Glance

Garner Parks, Recreation and Cultural Resources manages 11 parks totaling more than 250 acres. These parks feature open space, athletic courts and fields, picnic shelters, playgrounds, walking trails and more.

The department also operates four indoor facilities, where fun, affordable programming and events are held throughout the year.

Several of our parks feature picnic shelters, athletic fields and/or indoor areas which may be reserved for a fee. Learn more about the amenities that can be found in Garner parks and facilities in this section.

## Amenities Key



Baseball Field(s)



Mountain Bike Trail



Basketball Court(s)



Multipurpose Field(s)



Boat Rental



Picnic Shelter(s)



Dog Park



Playground Access



Fishing



Restrooms



Grill(s)



Soccer Field(s)



Kitchen



Tennis Court(s)



Meeting Room(s)



Walking Trail Access



## Avery Street Recreation Center & Annex

125 Avery Street



The Recreation Center features a gymnasium with a wood floor surrounded by two multipurpose rooms. The Annex consists of three spacious classrooms and bathrooms. Classrooms have tables and chairs for adults and children. The Avery Street Park playground is situated between the Recreation Center and the Annex. For more information, including rates and availability, call 919.890.7301.

## Centennial Park

1015 New Bethel Church Road



This beautiful 10-acre park features a large, flat space that can be configured to a variety of soccer field sizes, a picnic shelter that can seat up to 64 people and .36 miles of paved walking trails. Visit [GarnerNC.gov](http://GarnerNC.gov) to check rates and availability for the picnic shelter. For more information about renting the soccer field when it is not in use for practices or games, call 919.890.7301.



## Creech Road Elementary School Park

400 Creech Road



Located adjacent to Creech Road Elementary School, this 17-acre park features a lighted softball field, a multipurpose field, a walking trail and a picnic shelter that can seat up to 50 people. Tennis courts are located just south of the park at 190 Creech Road. Visit [GarnerNC.gov](http://GarnerNC.gov) to check rates and availability for the picnic shelter. For more information about renting the ballfield when it is not in use for practices or games, call 919.890.7301.





## Garner Performing Arts Center

742 West Garner Road



With 471 seats, the Garner Performing Arts Center adapts well to a variety of uses. The GPAC contains an expansive backstage area, cushioned seating, fly space and rails, separate dressing rooms with restrooms, a green room and a loading dock. The front and backstage lobbies are available for smaller gatherings. For more information, including rates and availability, call 919.661.6988.

## Garner Recreational Park

221 East Garner Road



Located in the Downtown Garner Historic District, this 20-acre park features two lighted ballfields, a concessions stand, a playground, 2.25 miles of mountain biking trails and is home to North Garner Dog Park. For more information about renting the ballfields when they are not in use for practices or games, call 919.890.7301.



## Garner Senior Center

205 East Garner Road



Great for larger events like family reunions and church functions, Garner Senior Center's multipurpose room can hold up to 150 people. This space is available weekends and some evenings when not in use by the Parks, Recreation and Cultural Resources Department. For more information, including rates and availability, call 919.779.0122.





## Greenbrier Park

613 Winterlochen Drive



This 3-acre neighborhood park is located in Greenbrier Estates. Amenities include a picnic shelter that seats up to 20 people, two playgrounds and a tennis court. The picnic shelter is available on a first-come, first-served basis at no cost.

## Jaycee Park

1300 Vandora Springs Road



This 4-acre neighborhood park is located in the Forest Hills subdivision behind Vandora Springs Elementary School. The park has a picnic shelter that seats up to 15 people and play equipment. The picnic shelter is available on a first-come, first-served basis at no cost.



## Lake Benson Park

921 Buffalo Road



Most of this 64-acre park is comprised of open space, which can accommodate a variety of activities, including several of the Town's special events. The park also contains the Garner Veterans Memorial, a dog park (with play areas for large and small dogs), two playgrounds, 1.8 miles of walking trails, one picnic shelter that can seat up to 150 people, one that can seat up to 50 people and two that can seat up to 20 people. Visit [GarnerNC.gov](http://GarnerNC.gov) to check rates and availability for the picnic shelters.



## Lake Benson Boathouse

975 Buffalo Road



The Boathouse is located just down the road from Lake Benson Park. Jon boats (with or without trolling motor and battery), canoes and kayaks are available to rent. (No personal watercraft are allowed on the 364-acre lake.) There is no charge to fish from the pier. The Boathouse is open weekends mid-March through late October. For more information, including hours of operation and rates, call 919.662.5703.

## Rand Mill Park

508 Rand Mill Road



This 13-acre neighborhood park has an unlighted ballfield, a basketball court, a picnic shelter that seats up to 20 people and play equipment. The picnic shelter is available on a first-come, first-served basis at no cost. For more information about renting the ballfield when it is not in use for practices or games, call 919.890.7301.



## South Garner Park

1210 Poole Road



Located in the Heather Hills neighborhood, this 15-acre park has three lighted softball fields, a multipurpose field, a concessions stand, a large playground, tennis courts and .44 miles of walking trail. For more information about renting the athletic fields when they are not in use for practices or games, call 919.890.7301.





## Thompson Road Park

550 Thompson Road



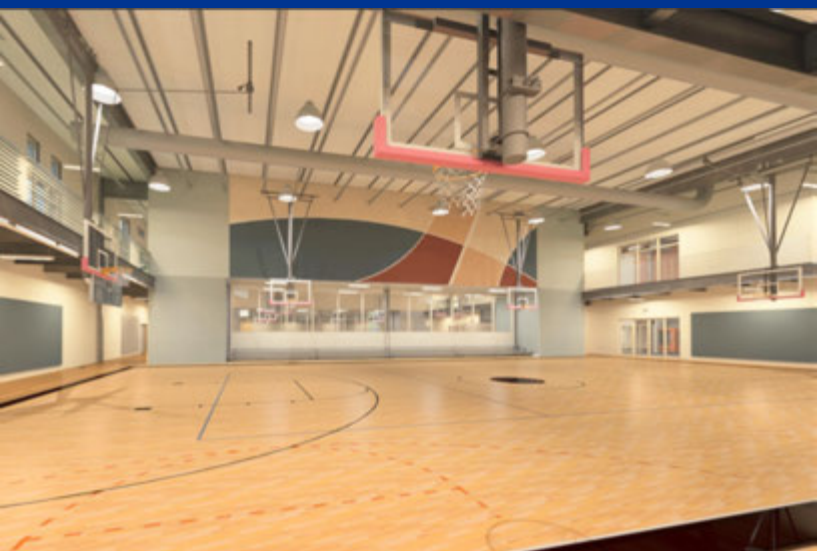
This 12-acre park boasts two large multipurpose fields, which provide an ideal space for soccer, football and other activities. For more information about renting the multipurpose fields when they are not in use for practices or games, call 919.890.7301.

## White Deer Park & Nature Center

2400 Aversboro Road 919.661.6982



At 96 acres, White Deer Park is the largest in Garner. The park features open space, five shelters that seat up to 50 people, two playgrounds, 2 miles of paved trails and a 2,500-square-foot Nature Center. Visit [GarnerNC.gov](http://GarnerNC.gov) to check rates and availability for the picnic shelters. The Nature Center classroom and deck are available to rent when not in use by the Parks, Recreation and Cultural Resources Department. For more information, including rates and availability, call 919.661.6982.



## And Coming Soon...

### Garner Recreation Center

This 40,000-square-foot facility will have three basketball courts, an elevated walking track, three multipurpose rooms, a family restroom, shower facilities and a multi-purpose field. The facility is being built with money donated by ConAgra, Parks and Recreation Trust Fund grant money and bond money approved by voters in 2013. The new recreation center will be located at the corner of Main and Montague Streets and is tentatively scheduled to be completed in late 2017.



PARKS, RECREATION AND  
CULTURAL RESOURCES DEPARTMENT

209 East Garner Road  
Garner, NC 27529



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RecreationAndCulturalResources



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GarnerNC.gov/eClub

# Discover. Play. Celebrate.

with Garner Parks, Recreation and Cultural Resources

## March

**What's Going On: The Marvin Gaye Experience**

Garner Performing Arts Center  
3/17 7:30pm

## April

**Spring Food Truck Rodeo**

Downtown Garner  
4/2 12pm

**Spring Eggstravaganza\***

Lake Benson Park  
4/8 10am

**Earth Day\***

White Deer Park  
4/22 11am

**Statewide Star Party\***

White Deer Park  
4/22 7pm

## May

**Friday Family Flicks & Camping**

"Inside Out"  
Lake Benson Park  
5/12 8:15pm

**Friday Family Flicks & Camping**

"Finding Nemo"  
Lake Benson Park  
5/26 8:15pm

**Memorial Day Observance\***

Garner Veterans Memorial  
5/29 1:30pm

## June

**Friday Family Flicks & Camping**

Lake Benson Park  
"Moana"  
6/9 8:30pm

## July

**July 3 Independence Day Celebration**

Lake Benson Park  
7/3 5pm

**\*denotes free event**